



OFFICIAL INVITATION IBU REGIONAL EVENT

23. - 25. OF FEBRUARY, FOSSUM

COMPETITION VENUE:

Fossum Arena
Ankerveien 245
1359 Sandvika



The competitions will be conducted in accordance with the IBU Event and Competition Rules.

Program

Thursday	19:00	Team Captains Meeting	Teams Link
Friday	14:00 – 16:00 16:30 – 18:30	Official Training Women/Men and Women Junior/Men Junior Women Youth/Men Youth	
Saturday	07:15 – 08:50 07:45 – 08:50	Short Individual Equipment control Zeroing (Men/Women and Junior)	



09:00	Men	15 km
	Men Junior	12,5 km
	Women	12,5 km
	Women Junior	10 km

11:45 – 13:35	Equipment control	
12:15 – 13:35	Zeroing (Youth)	
13:45	Men Youth	10 km
	Women Youth	7,5 km

Sunday

07:45 – 09:20	Equipment control	
08:15 – 09:20	Zeroing	
09:30	Men	10 km
	Men junior	10 km
	Women	7,5 km
	Women Junior	7,5 km

11:15 – 13:05	Equipment control	
11:45 – 13:05	Zeroing	
13:15	Men youth	7,5 km
	Women youth	6 km

Price giving ceremony 15 min after each class

Competition OFFICE OPENING HOURS

Friday	13:00 – 19:00
Saturday	07:00 – 18:00
Sunday	07:30 – 16:30

Competition classes

Women / Men
Women / Men junior (2002-2004)
Women / Men youth (2005 – 2007)

entry fee

Women / Men	250 NOK
Women / Men junior	220 NOK
Women / Men youth	220 NOK



REGISTRATION

By email to oyvindh@hopsnes.net– no later than Monday 19th of February 2024.

For those athletes who has an EQ Timing profil, please do the entry online:
www.eqtiming.no

WAX CABINS

It is possible to rent a wax cabin for 6550 NOK.

Contact person: Johann Rud johann.rud@gjensidige.no

TRANSPONDERS

Personal Emit transponders will be used during competition. Can also be rented at the Competition Office for 50 NOK pr day.

ACCOMMODATION

<https://anviser.skiskyting.no/fossum2324/ibu-regionalt-event/>

WEBSITE

<https://anviser.skiskyting.no/fossum2324/ibu-regionalt-event/>

STADIUM MAP

<https://anlegg.skiskyting.no/map/53>

ORGANIZING COMMITTEE

Chairman OC	Gry Lundiin	+47 907 92 806	gry.lundiin@gmail.com
Chief of Competition	Lise Dybwad	+47 932 58 518	Dybwadlise@gmail.com
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Chief of Stadium	Johann Rud	+47 484 01 614	johann.rud@gjensidige.no
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IBU TD	Knut Aas	+47 909 75 727	hegge7@online.no
NF NOR	Tobias Lund	+47 974 31 519	Tobias.lund@skiskyting.no

Parking

Price 75 NOK each day.

Official training day is free of charge

Travel Cost

The IBU contributes travel costs of 100 EUR per youth and junior athlete per event for the host NF and 200 EUR per youth and junior athlete for the guest NF. The maximum contribution is 2500 EUR per participating NF. The travel contribution is based on competition results and will be transferred by IBU to participating NFs.

WELCOME TO FOSSUM 23.-25TH OF FEBRUARY